

Signs that you or your loved one may need in-home care:

- Increased falls or risk of falls
- Wandering or increased forgetfulness
- Change in cognitive abilities
- Frequent medication mistakes
- Difficulty with one or more activities of daily living such as bathing, dressing or eating
- Not preparing meals or drinking fluids regularly
- · Increased clutter, unopened mail or unpaid bills
- Inability to maintain a safe and clean home environment
- Unsafe behavior such as leaving the stove on, wandering from home or leaving doors open
- Need for night time supervision
- Isolation and missed appointments



Salus In-Home Services

The Salus caregiving team is specifically trained to provide a full range of caregiving services for physical, emotional and social needs, such as fall prevention, dementia, loneliness, depression and end of life care

Our Non-Medical Services Include:

- Short and Long Term Care
- Hourly and 24 Hour Care
 - · Respite Care
 - Personal Care
 - Homemaking
- Cooking and Shopping
 - Companionship
- Medication Reminders
- Transportation to Doctor's Appointments
- Assistance with Activities of Daily Living $\&\ more$



6 ways to choose the right home care provider for your loved ones

Always there...

★★★★★ Google+ Customer Reviews

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#1 – Look for a provider who is licensed

Ensure you're working with an agency licensed by the State of California through the Department of Social Services. There are agencies that operate without a license. Get peace of mind by checking: www.cdss.ca.gov

#2 – Look for a provider who is trusted

- Trusted and experienced W-2 employees
- Criminal background check
- · Work references checked
- Drivers license check
- Bonded and insured
- · All caregivers covered under workers comp
- Look at online reviews

#3 - Look for the providers ability to customize a home care plan

- Flexibility in schedules
- · Ability to staff wherever you may call home
- Customized care plan to meet your exact needs
- No long term contract

#4 - Look for a provider who is always there to meet your changing needs

- Coordination of care and communication with Home Health and Hospice
- Ongoing assessments by experienced care managers
- · Specialized hospice and dementia training

#5 - Look for a provider who is dedicated to continuous improvement

- Ongoing caregiver training
- 24/7 live access to local office personnel
- Continuous communication and feedback

#6 - Look for a provider who begins with a complimentary home assessment

- Qualified care manager creates individualized care plan
- Assistance with additional community resources needed for home safety
- Access to additional community resources